



## Florida Fishing Academy Gratitude 3-5

**Thankful:** expressing gratitude and relief, feeling or showing thanks.

**Grateful:** feeling or showing an appreciation of kindness; thankful.

**Gratitude:** appreciation of the benefits we receive from others and the desire to reciprocate.

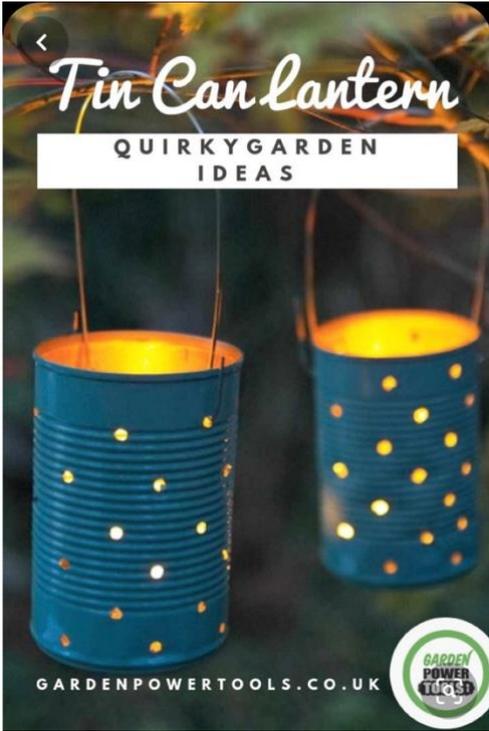
Mother's Day is a day in which we celebrate and express respect, honor, love and gratitude to the women in our lives. This may be a Mother, Step Mother, Grandmother, Teacher, Mentor or more.

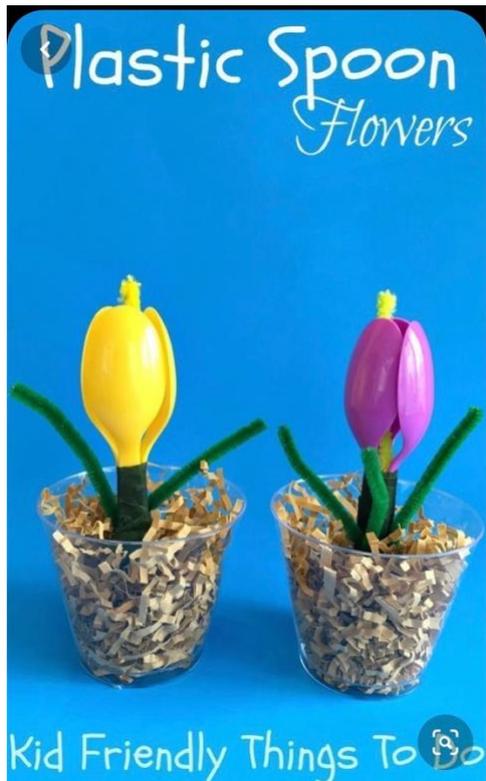
I want you to think about one women in your life who has made your life better.

Show your gratitude by creating something for them. Since we are on lockdown and you aren't able to go anywhere make the most of what you can find around the house/yard.

**Upcycle:** reusing discarded or forgotten objects or materials in a way to create a product of higher value.

Upcycle Ideas:





This program is made possible with the support from Prime Time Palm Beach County, Inc., which receives significant funding for its overall operations from the Children's Service Council of Palm Beach County. The Palm Beach County Youth Service Department provides support for Prime Time's Middle School Out-of-School Time Initiative.

