

## Florida Fishing Academy Gratitude K-2 (This activity will need adult assistance)

Thankful: expressing gratitude and relief, feeling or showing thanks.

Grateful: feeling or showing an appreciation of kindness; thankful.

Gratitude: appreciation of the benefits we receive from others and the desire to reciprocate.

Mother's Day is a day in which we celebrate and express respect, honor, love and gratitude to the women in our lives. This may be a Mother, Step Mother, Grandmother, Teacher, Mentor or more.

I want you to think about one women in your life who has made your life better.

Show your gratitude by drawing picture for them, telling them the things you love about them.

I'm Grateful for you:

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